

*It is our goal to fully understand your needs and wants regarding your chiropractic healthcare. You can help us by answering the following questions.*

1. *My concept of health is:*

- Being pain free     Having all parts of my body functioning as they should  
 Not sure / Don't know

2. *My current understanding of chiropractic is*

- Thorough     Limited     Non-existent

I think chiropractic is: \_\_\_\_\_  
\_\_\_\_\_

3. *My attitude towards being here is:*

- Hopeful and Interested     Neutral     Leery and Skeptical     Fearful  
 Antagonistic (don't really want to be here)

4. *The following is a brief description of what I anticipate will occur with chiropractic adjustment(s), if you're not sure simply write not sure:*

\_\_\_\_\_  
\_\_\_\_\_

5. *Base on my understanding of chiropractic adjustment, my care objective is:*

- Simply being pain free as soon as possible  
 Being pain free as soon as possible, but also stabilizing my spine so that I have better health and an increased freedom of movement  
 Being pain free, stabilized, and on a maintenance program for long-term wellness  
 Not sure, I'll let the doctor decide what care program is best

*To help better explain your chiropractic condition and how we may be able to help you, please check the best answers for the following questions:*

1. *I remember important things in my life by:*

- What I see     What I hear     What I feel

2. *The primary reason I brush my teeth is to:*

- Avoid tooth decay and gum disease  
 Make sure I have healthy teeth and gums

3. *When I make decisions I generally:*

- Gather facts and weigh evidence  
 Make the right choice instantly  
 Consult my friends and family  
 Depend on how I "feel" about it

*Thank you for your answers. Based on your answers, we can better customize a program to fulfill your needs and wants.*